

Classes by Age:

Pre-Dance: Age 3

Ballet Fun Time! The goal of this class is to introduce young children to a dance class setting and learned classroom behavior, all while having fun being ballerinas. This class meets for 30mins once per week and performs a dance in the Showcase for Littles at the end of the season.

First Steps: Age 4

Ballet Fun Time! The goal of this class is to introduce young children to a dance class setting and learned classroom behavior, all while having fun being ballerinas. This class meets for 30mins once per week and performs a dance in the Showcase for Littles at the end of the season.

Level I: Age 5-6

For this age group we offer classes in Ballet, Tap, Jazz, and Hip Hop. Classes are at beginner and intermediate level. They learn dance terms, skills, and classroom behavior. These classes meet for 30mins once per week and perform a dance in the Spring Performance at the end of the season.

This age group is in high demand; to accommodate, we have multiple sections of the same class.

Level II: Age 7-9

For this age group we offer classes in Ballet, Tap, Jazz, Hip Hop, Modern, and the opportunity to audition for the Jr. Performance Group. Most classes are at beginner and intermediate level. They learn dance terms, skills, and classroom behavior.

At this age we start offering advance classes in Ballet and Jazz. Students must be referred by the dance instructors to enroll in Advanced Classes.

These classes meet for 45mins once per week and perform a dance in the Spring Performance at the end of the season.

Level III: Age 10+

For this age group we offer classes in Ballet, Pre-Pointe, Pointe, Tap, Jazz, Hip Hop, Modern, and the opportunity to audition for the Performance Group. Most classes are at beginner and intermediate level. They learn dance terms, skills, and classroom behavior.

We offer advance classes in Ballet, Jazz, and Tap. Students must be referred by the dance instructors to enroll in Advanced Classes.

These classes meet for an hour once per week and perform a dance in the Spring Performance at the end of the season.

### Classes by Discipline:

#### Ballet

Trains beginner to intermediate ballet technique and ballet etiquette. This class focuses on traditional ballet steps and self-control.

#### Pre-Pointe

A strength building class done in ballet slippers. Designed to improve dancers' feet and prepare ballet dancers for pointe shoes. This class does NOT perform a dance at the end of the season.

#### Pointe

Training ballet techniques in pointe shoes. Students must have previously been enrolled in pre-pointe and evaluated by the ballet instructor before being referred to enroll in the pointe class.

#### Tap

Trains beginner to intermediate tap steps and techniques. This class focuses on rhythms, timing, and body coordination.

#### Jazz

Trains beginner to intermediate jazz technique and dynamic movement. This class focuses on classic technique and strong, high-energy movement.

#### Hip Hop

For beginners to intermediate hip hop dance routines. Focuses on strength, rhythm, and flow.

#### Modern

Explores natural and organic dance movement. This class focuses on creativity and self-expression.

#### Advance Classes

Students must be referred to advanced classes by their instructors, have past dance experience and high level classroom etiquette. All incoming students will start in the regular class. There is a two-week evaluation period to determine if new students should be referred to advanced classes.