



the
Chickasaw
Nation

The Chickasaw Nation Medical Center

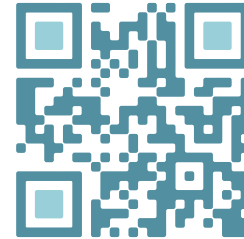
Women's CLINIC

ONLINE CHILDBIRTH
AND PARENTING CLASSES

ACCESSING PRENATAL AND PARENTING CLASSES IS EASY!



1. Choose one of the following options to access the eClass:
 - Scan QR code
 - go to InJoyOnline.com
2. Select “Create Account”
3. Set up your account by entering your first name, last name and email address
4. Create a password
5. Enter password you created to confirm
6. Enter Access Code: **(See Access Code list on page 2)**
 - This code is only needed one time to create your account; please do not share the code with others
7. Select “Validate”
8. Check box next to “I Agree to the Terms and Conditions”
9. Select “Complete”
10. For quick return access, be sure to “Add to Home Screen” from your mobile device’s web browser, and “Bookmark” the website from your computer’s web browser



*For more information, please contact the **Women's Clinic** at (580) 421-6200.*

ACCESS CODES

Please note: the codes must be entered in all lowercase letters.

- **Understanding Birth**
 - English and Spanish eClass: **cnmcubecen**
- **Understanding Breastfeeding**
 - English and Spanish eClass: **cnmcubfecen**
- **Understanding Cesarean Birth**
 - English and Spanish eClass: **cnmcucbecen**
- **Understanding Fatherhood**
 - English and Spanish eClass: **cnmcufecen**
- **Understanding Grandparenting**
 - English and Spanish eClass: **cnmcugecen**
- **Understanding Infant and Child Safety**
 - English and Spanish eClass: **cnmcuicsecen**
- **Understanding Postpartum Health and Baby Care**
 - English and Spanish eClass: **cnmcuphbcecen**
- **Understanding Pregnancy**
 - English and Spanish eClass: **cnmcpupecen**
- **Understanding Your Multiples**
 - English and Spanish eClass: **cnmcuymecen**
- **Understanding Your Newborn**
 - English and Spanish eClass: **cnmcuynecen**

After you create your account, please use this account for all family members. Access codes are for one-time use and will give you access to your eClass.

For future access, visit InJoyOnline.com and log in with your email address and password.

You have access to the eClass for nine months after you first log in.

Enjoy learning about your pregnancy adventure with eClass! We look forward to helping you bring your baby into the world.

Sincerely,
CHICKASAW NATION WOMEN'S CLINIC STAFF